



TennisWorks

at Fred Wells Tennis & Education Center

"The Fort was my first taste of being a part of a community. Playing tennis has been a great experience that has taught me the importance of having faith in myself and that there are people in the world that will take the time to listen to you."

-TennisWorks Participant



Current Problems for today's youth

Nearly 1-in-3 children in the U.S. are overweight or obese, and today's 10 year olds are the first generation that is expected to have a shorter life expectancy than their parents.

Youth who live in households with the lowest incomes are half as likely to participate in sports compared to youth from wealthier homes (\$100,000+).



Our Programs serve 900+ kids/year

Striving to close the opportunity gap, TennisWorks programs intentionally introduce tennis to youth in grades 3-12 who may not normally have the opportunity to play. More than 90% of youth are eligible for the Federal Free and Reduced Lunch program and more than 90% identify as youth of color. Youth participants attend an average of 5 classes in the summer, 9 classes in the fall, and 12 classes in the spring, with our core students attending more than 35 classes per year.

After-School Programs - The Fort conducts after-school programming both on-site and off-site with different public schools. Coaches meet with students two times a week after their school day to teach tennis and life skills for two hours.

In-School Programs - The Fort partners with K-12 schools in the immediate surrounding area to provide tennis drills and athletic activities during scheduled PE class time.

Summer Outreach - The Fort works with various school and community partners to introduce tennis to students who may not otherwise have the opportunity.

Scholarship-Based Opportunities - The Fort ensures that junior programming and summer camps are accessible to all youth by offering financial scholarships.

Event Opportunities - We offer youth opportunities to partake in college visits, camps and community events.

Fort First Fridays (FFF) is our drop-in tennis program to ensure that all middle school and high school youth have access to fun, indoor tennis during the school year. It is offered the first Friday of every month and reaches 250 unique players annually!

Youth Leadership Team is a leadership team comprised of youth, ages 13-18, who co-create meaningful opportunities and experiences for themselves, their peers, and The Fort.

Our Goal... Always put kids first

Our goal through TennisWorks is that all youth feel safe, supported, and connected while enjoying being physically active through tennis. Using tennis as the hook, we have an opportunity to form relationships and help develop critical social and emotional skills, such as teamwork, goal setting, self-confidence, and a growth mindset.